

SIMBAHAY

OFFICIAL NEWSLETTER OF ST. JOHN BOSCO PARISH, MAKATI CITY, PHILIPPINES

Volume 2 Issue No. 3

MARCH 2010

For God so loved the world...

For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. -- John 3: 16

No matter how we try, we will never fully understand the greatness of God's love for us.

GOD LOVES US. Even while we were sinners, God gave us His Only Son, our Lord Jesus Christ, to save us from sin and death.

Why did the Lord Jesus have to suffer and die for us?

The Lord Jesus had to overcome and conquer death that He might save us from our sins.

We deeply offend God by the daily sins we commit. Every sin pains and grieves the heart of God. His heart burns with so much love for us. Yet, we continue to hurt Him by our sinful thoughts, words, and deeds.

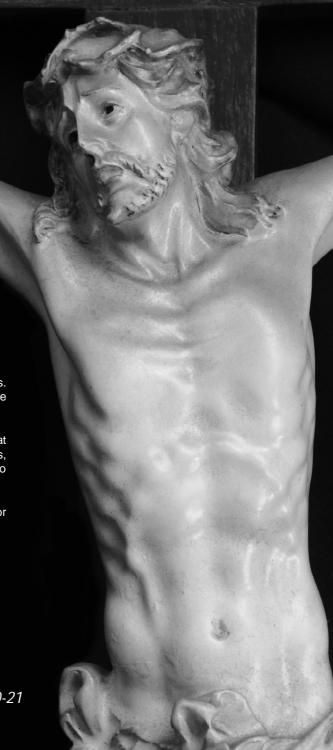
It is time to stop sinning and completely turn our lives over to Him. He loves us. He will never turn us away if we go back to Him, no matter how greatly we have sinned against Him.

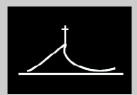
Do not ever think that God cannot forgive you. The Devil wants us to think that we have sinned so much, we can never be forgiven. That is a lie. The truth is, God is always patiently waiting for us to come back to Him. It gives Him so much joy whenever we go back to Him after falling into sin.

This Lenten Season, go back to God. Be reconciled with God and your neighbor that you may receive Easter joy, the true joy and peace only God can give.

If anyone says, "I love God," but hates his brother, he is a liar; for whoever does not love a brother whom he has seen cannot love God whom he has not seen.

This is the commandment we have from him: whoever loves God must also love his brother. -- 1 John 4: 20-21





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Thank you very much for your prayers and support. May God bless you all!



Message from our Parish Priest

The Suffering of Love, Suffering for Love

At this point in our Lenten observance, many thoughts and ideas have already been presented to us for reflection. I guess we could not complain at the 'abundance' of 'things to ponder on' since Lent is really a time for reflection! But there is one area in our life that is not merely a point for reflection but an inescapable reality that moves everyone: suffering. The usual human reaction to human suffering is to ask a question or a series of questions: "why?," "why did God allow this?," "Why my family?," "Why did it have to happen to me?." Equally bothering besides the realness of suffering itself is the fact that there seem to be no satisfying answers to it. Many of us can explain away simple sufferings like failure in an exam or even loss of a job. But there are other more intense sufferings that are hard to accept, like extremely painful sickness, undeserved misfortune, or unexpected death.

What does our faith tell us about suffering? Human suffering is part of the human condition; as long as we remain human, we will always be prime candidates for suffering. Nobody of us who accept to be fully human can escape suffering in its myriad forms. And so a positive way of looking at this first point is that suffering keeps us in touch with our humanity, our vulnerability, our constant need to be freed from it and the despair it can cause. "Suffering fully reveals man to himself."*

If human suffering is the lot of each human person, then somebody who is "more" than human is destined to provide a satisfying explanation to it. Jesus Christ came among us, not only to share our humanity and thus share in our suffering and suffer like any of us. Jesus Christ came to lead us to God. and thus to fullness of life, despite passing through a most cruel form of suffering, rejection from his own people and abandonment of his friends and dying a violent death. His suffering and death did not destroy Him completely because He had the one crucial element that sustained everything. Jesus possessed love constantly in his heart. It is this love in his heart, the love for his Father and the love for humanity that made Him triumph over all his sufferings and death on the cross. Love brought out his divinity in his suffering that ultimately led to his victory. Thus we can say that Christ's suffering and death is salvific; we are redeemed because of what he suffered for us. "By his wounds, you have been healed".**

If there is anything that human suffering can reveal to us it is this. It is a way of getting in touch with our humanity that is in constant need of salvation. It is also a revelation of the divinity because of the unique human Jesus Christ. In his own suffering and death, He revealed his divinity. And the golden thread that binds these two meanings is *love*.

If we want to understand and finally accept human suffering in our own unique lives, we have to accept our own selves and not despise it. We also have to accept the central role of Jesus Christ in our lives who showed us that the only way to understand and accept human suffering, and in a way discovering its meaning, is to view it through the reality of love. It is love that empowered Christ to accept his suffering and death, and it is the same love, that is His nature, which gives meaning to suffering and death. How shall we look at suffering from now on? Let us never for one moment accept that suffering is God's punishment for our sins. Let us not for any reason despair that suffering, especially in its cruelest form, destroys any semblance of meaning. Let us always look to Christ for the answer to suffering. It is through his suffering, death and eventual triumphing over it in his resurrection that revealed the depth of his love for God and man. If we too want to triumph over our sufferings, let us love as Christ loved.

Your humble servant,

Fr. 4 ing Miciano, SDB

^{*} Pope John Paul II, Apostolic Letter *Salvifici Doloris* ** 1 Pet. 2: 24



Holy Week

■ Fr. Ting Miciano, SDB

Holy Week holds a very special dignity and importance for us Catholics because it leads to the high point of the whole liturgical year, the Paschal Triduum. In this one week we celebrate the very center of our Christian faith, the death and resurrection of Jesus.

It begins with the sixth Sunday of Lent, which we traditionally call Palm Sunday. The other name for this day is Passion Sunday and combines the two themes we celebrate on that day, the Entrance of Jesus into Jerusalem amidst the welcome of palm-waving people and the reading of the Passion narrative. Hence, the real name of this day is PALM SUNDAY OF THE PASSION OF CHRIST.

The first half of Holy Week has no special celebrations. The liturgy of Monday, Tuesday and Wednesday follows the events in the life of Christ that lead to his passion. On Thursday morning, there is only one mass allowed, and that is the Chrism Mass in the cathedral church of the bishop. In this mass, among other things, the Holy Oils used for baptism, confirmation, ordination, the sick and the catechumens are blessed, along with the renewal of the promises of the priests. After this mass, the season of Lent ends and thus begin the greatest celebrations of the Church, the Paschal Triduum.

Also called the Easter Triduum, the last three days of Holy Week consist of the (1) Mass of the Lord's Supper on Thursday evening, the Celebration of (2) the Passion of Christ on Good Friday and Easter Sunday, with its high point in the (3) Easter Vigil Celebration.

The celebration of the Passion, Death and Resurrection of Jesus is the highest and most important among all the liturgical feasts and the climax of the whole liturgical year. All of us must dutifully attend and participate in these celebrations.

The Blessing of Palms

The most obvious tradition on Palm Sunday is the bringing to Church and the subsequent blessing of Palms. Let us remember that Palm Sunday is not about palms! It is the commemoration of the dramatic entrance of Jesus to Jerusalem to begin his paschal sacrifice. That's why it's also called Passion Sunday. The palms is only a small part of the celebration and should mean that we welcome Jesus in our own lives as our Savior.

Generally, we bring back the blessed palms to our homes and keep them in doors, windows, cabinets or walls. This is a good practice to remind us throughout the year that we have welcomed Jesus in our hearts and homes and we must always remain with Him. Let us not use the palms as antinganting but a blessed object of devotion reminding us of Jesus. Next year, this palms will be burned and used as ashes on Ash Wednesday.

Spy Wednesday

Holy Wednesday has been called Spy Wednesday since the Middle Ages. On this day, the gospel reading recounts the betrayal of Jesus by Judas. Like a spy, he made a secret deal with the Jewish authorities to hand Jesus over for the measly sum of thirty pieces of silver. In the old days, Holy Wednesday and Good Friday are days of fasting.

Holy Thursday: Chrism Mass

This is the liturgical celebration that is celebrated in only one church in the diocese, namely the church of the bishop or the Cathedral. In this special and very solemn mass, the sacred oils, most notably the Sacred Chrism (SC) are blessed. Chrism is the oil used in baptism, confirmation, the ordination of priests and bishops and the dedication of the church or the altar. However, the other oils are also blessed, namely, the oil used for anointing the sick (OI) and the oils used for the Catechumens (OC).

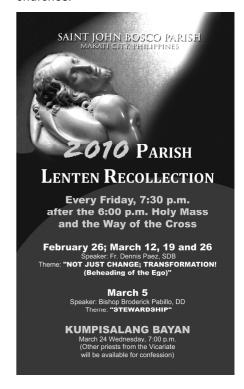
The other great commemoration in this mass is the priesthood. The bishop gathers all his priests in the diocese to celebrate this mass and so manifest their communion with each other and they solemnly renew their promise of commitment as shepherds of the Church.

Altar of Repose

This refers to a special chapel or a side altar inside the church where the Blessed Sacrament is "reposed" or kept for veneration after the celebration of Evening Mass of the Lord's Supper on Holy Thursday. This "Transfer of the Blessed Sacrament" is carried out in a solemn manner to signify the final journey of Jesus after the supper to his agony and death.

Generally, the 'altar of repose' is decorated with flowers and plants to remind us of Christ's agony in the garden. The Blessed Sacrament will be kept in an enclosed tabernacle until midnight when all the people can take turns in adoring Jesus and meditating on his passion and death.

This time is closely connected to the liturgy of Good Friday when no mass is celebrated and the altar is bare and the main tabernacle is empty. As a practical reminder, those undergoing 'visita iglesia' should visit the altar of repose and spend some moments of prayer instead of making a tour of empty churches!



Father, I have sinned against heaven and against you...



Holy Mass Readings

MARCH 7, 2010 Third Sunday of Lent

First Reading: Exodus 3:1-8a, 13-15

Responsorial Psalm: Psalm 103: 1-2, 3-4, 6-7, 8, 11

The Lord is kind and merciful.

Second Reading: 1 Corinthians 10:1-6, 10-12

Gospel: Luke 13: 1-9

Some people told Jesus about the Galileans whose blood Pilate had mingled with the blood of their sacrifices. Jesus said to them in reply, "Do you think that because these Galileans suffered in this way they were greater sinners than all other Galileans? By no means! But I tell you, if you do not repent, you will all perish as they did! Or those eighteen people who were killed when the tower at Siloam fell on them— do you think they were more guilty than everyone else who lived in Jerusalem? By no means! But I tell you, if you do not repent, you will all perish as they did!"

And he told them this parable: "There once was a person who had a fig tree planted in his orchard, and when he came in search of fruit on it but found none, he said to the gardener, 'For three years now I have come in search of fruit on this fig tree but have found none. So cut it down. Why should it exhaust the soil?'

He said to him in reply, 'Sir, leave it for this year also, and I shall cultivate the ground around it and fertilize it; it may bear fruit in the future. If not you can cut it down."

Points to Ponder On

The Lord is kind and merciful. He patiently waits for us to realize our faults and sins, repent of them, and return to Him.

Instead of looking at the faults of others, we should look into our hearts see our own mistakes and weaknesses. True repentance and conversion can only begin after we admit how sinful we have been.

Prayer

LORD GOD, we have sinned against You and our neighbor. We humbly admit how sinful and weak we have been. Please forgive us and help us to start anew. We ask these in Your Name Lord Jesus Christ. Amen.

MARCH 14, 2010 Fourth Sunday of Lent

First Reading: Joshua 5:9a, 10-12

Responsorial Psalm: Psalm 23: 1-3a, 3b-4, 5, 6

Taste and see the goodness of the Lord. Second Reading: 2 Corinthians 5:17-21

Gospel: Luke 15:1-3, 11-32

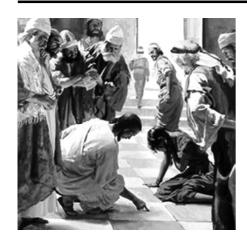
Tax collectors and sinners were all drawing near to listen to Jesus, but the Pharisees and scribes began to complain, saying, "This man welcomes sinners and eats with them." So to them Jesus addressed this parable: "A man had two sons, and the younger son said to his father, 'Father give me the share of your estate that should come to me.' So the father divided the property between them. After a few days, the younger son collected all his belongings and set off to a distant country where he squandered his inheritance on a life of dissipation. When he had freely spent everything, a severe famine struck that country, and he found himself in dire need. So he hired himself out to one of the local citizens who sent him to his farm to tend the swine. And he longed to eat his fill of the pods on which the swine fed, but nobody gave him any. Coming to his senses he thought, 'How many of my father's hired workers have more than enough food to eat, but here am I, dying from hunger. I shall get up and go to my father and I shall say to him, "Father, I have sinned against heaven and against you. I no longer deserve to be called your son; treat me as you would treat one of your hired workers." So he got up and went back to his father. While he was still a long way off, his father caught sight of him, and was filled with compassion. He ran to his son, embraced him and kissed him. His son said to him, 'Father, I have sinned against heaven and against you; I no longer deserve to be called your son.' But his father ordered his servants, Quickly bring the finest robe and put it on him; put a ring on his finger and sandals on his feet. Take the fattened calf and slaughter it. Then let us celebrate with a feast, because this son of mine was dead, and has come to life again; he was lost, and has been found.' Then the celebration began. Now the older son had been out in the field and, on his way back, as he neared the house, he heard the sound of music and dancing. He called one of the servants and asked what this might mean. The servant said to him, 'Your brother has returned and your father has slaughtered the fattened calf because he has him back safe and sound.' He became angry, and when he refused to enter the house, his father came out and pleaded with him. He said to his father in reply, 'Look, all these years I served you and not once did I disobey your orders; yet you never gave me even a young goat to feast on with my friends. But when your son returns who swallowed up your property with prostitutes, for him you slaughter the fattened calf.' He said to him, 'My son, you are here with me always; everything I have is yours. But now we must celebrate and rejoice, because your brother was dead and has come to life again; he was lost and has been found."

Points to Ponder On

God is truly loving and forgiving. He will never turn away anyone who sincerely repents and asks for His forgiveness. How about us? Do we love and forgive others too?

Prayer

LORD JESUS, You have taught us to pray for God's forgiveness as we forgive those who have sinned against us. Do help us to forgive those who have hurt us that God may forgive us too. We ask these in Your Name Lord Jesus Christ. Amen.



Let the one among you who is without sin be the first to throw a stone at her.

MARCH 21, 2010 Fifth Sunday of Lent

First Reading: Isaiah 43:16-21

Responsorial Psalm: Psalm 126:1-2, 2-3, 4-5, 6

The Lord has done great things for us;

we are filled with joy.

Second Reading: Philippians 3:8-14

Gospel: John 8:1-11

Jesus went to the Mount of Olives. But early in the morning he arrived again in the temple area, and all the people started coming to him, and he sat down and taught them. Then the scribes and the Pharisees brought a woman who had been caught in adultery and made her stand in the middle. They said to him, "Teacher, this woman was caught in the very act of committing adultery. Now in the law, Moses commanded us to stone such women. So what do you say?" They said this to test him, so that they could have some charge to bring against him. Jesus bent down and began to write on the ground with his finger. But when they continued asking him, he straightened up and said to them, "Let the one among you who is without sin be the first to throw a stone at her." Again he bent down and wrote on the ground. And in response, they went away one by one, beginning with the elders. So he was left alone with the woman before him. Then Jesus straightened up and said to her, "Woman, where are they? Has no one condemned you?" She replied, "No one, sir." Then Jesus said, "Neither do I condemn you. Go,

Points to Ponder On

and from now on do not sin any more."

The Lord Jesus is full of compassion. In the Gospel about the adulterous woman, the Lord Jesus treated her with respect and sensitivity instead of condemning her. He did tell her not to sin anymore. Like the Lord Jesus, may we be compassionate, charitable, and forgiving. May we never judge or condemn others.

Prayer

LORD GOD, we have committed many sins against You and our neighbor. Please forgive us for overlooking our sins and being quick to judge and condemn others. Please help us to repent of our sins and never ever hurt You or others. We ask these in Your Name Lord Jesus Christ. Amen.

MARCH 25, 2010 SOLEMNITY OF THE ANNUNCIATION

First Reading: Isaiah 7:10-14; 8:10

Responsorial Psalm : Psalm 40:7-8a, 8b-9, 10, 11

Here am I, Lord, I come to do your will.

Second Reading: Hebrews 10: 4-10

Gospel : Luke 1: 26-38

The angel Gabriel was sent from God to a town of Galilee called Nazareth, to a virgin betrothed to a man named Joseph, of the house of David, and the virgin's name was Mary. And coming to her, he said, "Hail, full of grace! The Lord is with you." But she was greatly troubled at what was said and pondered what sort of greeting this might be. Then the angel said to her, "Do not be afraid, Mary, for you have found favor with God. Behold, you will conceive in your womb and bear a son, and you shall name him Jesus. He will be great and will be called Son of the Most High, and the Lord God will give him the throne of David his father, and he will rule over the house of Jacob forever, and of his Kingdom there will be no end." But Mary said to the angel, "How can this be, since I have no relations with a man?" And the angel said to her in reply, "The Holy Spirit will come upon you, and the power of the Most High will overshadow you. Therefore the child to be born will be called holy, the Son of God. And behold, Elizabeth, your relative, has also conceived a son in her old age, and this is the sixth month for her who was called barren; for nothing will be impossible for God." Mary said, "Behold, I am the handmaid of the Lord. May it be done to me according to your word." Then the angel departed from her.



I am the handmaid of the Lord.

May it be done to me according to your word.

Points to Ponder On

The SOLEMNITY OF THE ANNUNCIATION is a celebration of the announcement to the Blessed Virgin Mary by the Archangel Gabriel that she would become the Mother of God. At the same time, it is also a celebration of the beginning of the human nature of the Lord Jesus. The Solemnity of the Annunciation comes nine months before the birth of the Lord Jesus.

Prayer

LORD GOD, thank You for Your magnificent plan to save us from our sins. Like the Blessed Virgin Mary, may we surrender ourselves to Your holy will. May we trust You with all our heart at all times. We ask these in Your Name Lord Jesus Christ. Amen.

St. John Bosco Parish

Makati City, Philippines

DAILY MASS SCHEDULE

Monday to Friday 6:30 and 7:30 a.m.; 12:15 and 6:00 p.m.

Holy Hour and benediction every Thursday after the 6:00 p.m. Mass. On First Fridays, the Holy Hour and Vigil are held after the 6:00 p.m. Mass.

> Saturday 6:30 and 7:30 a.m.; 6:00 p.m. (Anticipated Mass)

> > Sunday 6:00, 7:15, 8:30, 10:00 and 11:15 a.m.

> > 12:30, 4:00, 5:30, 7:00 and 8:30 p.m.

Confessions are held during all the Masses.

ADORATION CHAPEL

Open daily from 7:00 a.m. to 8:00 p.m.

PARISH RELIGIOUS STORE

Monday to Friday (except Thursday) 8:00 a.m. to 11:30 a.m. 12:30 p.m. to 6:00 p.m.

Thursday 8:00 a.m. to 11:30 a.m. 12:30 p.m. to 4:00 p.m.

Saturday 8:00 a.m. to 12:00 p.m. 1:00 p.m. to 5:00 p.m.

For inquiries about sick visitations, anointing of the sick, weddings, or the use of the funeral chapels,

please contact the

ST. JOHN BOSCO PARISH OFFICE, Tel. 894-5932 to 34.

All for God and for His glory. In whatever you do, think of the Glory of God as your main goal.

--Saint John Bosco

Holy Mass Readings

MARCH 28, 2010 PALM SUNDAY OF THE LORD'S PASSION

First Reading: Is 50:4-7 Responsorial Psalm: Psalm 22: 8-9, 17-18, 19-20, 23-24 *My God, my God, why have you*

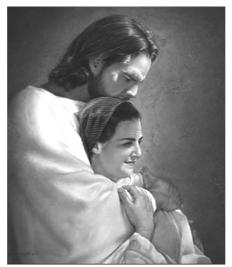
abandoned me?

Second Reading:Philippians 2:6-11 Gospel: Luke 22:14—23:56

or 23:1-49



March 19: Solemnity of Saint Joseph, Husband of the Blessed Virgin Mary



The Catholic Church honors Saint Joseph with two special feasts: MARCH 19, Solemnity of Saint Joseph, Husband of the Blessed Virgin Mary, and MAY 1, Solemnity of Saint Joseph the Worker. Saint Joseph was a just and holy man, who was chosen by God to be the foster father of the Lord Jesus and the husband of the Virgin Mary.

Prayer to Saint Joseph

O blessed Joseph, faithful guardian of my Redeemer, Jesus Christ, protector of thy chaste spouse, the virgin Mother of God,

I choose thee this day to be my special patron and advocate and I firmly resolve to honor thee all the days of my life.

Therefore I humbly beseech thee to receive me as thy client, to instruct me in every doubt, to comfort me in every affliction,

to obtain for me and for all the knowledge and love of the Heart of Jesus, and finally, to defend and protect me at the hour of my death. Amen

March 28, Palm Sunday: Alay Kapwa Sunday



Palm Sunday is Alay Kapwa or Caritas Sunday. It is a time for remembering and giving to the poor. Lent is a time for prayer, repentance, and almsgiving.

The Alay Kapwa program was created on January 31, 1975 by the Catholic Bishops Conference of the Philippines (CBCP). It is implemented by the National Secretariat for Social Action (NASSA) of the CBCP. It began as a Lenten fund campaign for disaster response and human development programs. Please support Alay Kapwa Sunday by sharing your love offerings for the poor. Thank you.





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St. John Bosco Parish MARCH 2010 ACTIVITIES

- Launching of MISA DELGADO,
 a book by Lester Delgado
 7:00 p.m., Church
 Sick visitation 9:00 a.m.
- 4 Sick visitation 9:00 a.m. Holy Hour after the 6:00 p.m. Mass
- Lenten Recollection by
 Bishop Broderick Pabillo, DD
 7:00 p.m., Church
 Adoration vigil after Recollection
 - Magpas 8:00 a.m. to 12:00 p.m. at Quiapo Church ST. JOHN BOSCO PARISH ANNIVERSARY (34 years) Benefactors' Night Street Mass 7:30 pm Zone 7
- Sick visitation 9:00 a.m.Holy Hour after the 6:00 p.m. Holy Mass
- 12 Lenten Recollection, 7:00 p.m. Church by Fr. Dennis Paez, SDB
- 13 Street Mass 7:30 pm Zone 8 Lenten Recollection. SLV

Lenten Recollection

- 14 Fourth Sunday of Lent Medical and Dental Mission 2:00 p.m.
- Sick visitation 9:00 a.m.Holy Hour after the 6:00 p.m. MassParish Pastoral Council (PPC) Meeting 8:00 p.m.
- 19 Solemnity of St. Joseph, husband of Mary Lenten Recollection by Fr. Dennis Paez, SDB 7:00 p.m., Church
- 20 Lenten Recollection, San Lorenzo Village Street Mass 7:30 pm Zone 1
- 21 Fifth Sunday of Lent Medical and Dental Mission 2:00 p.m.
- 24 Kumpisalang Bayan SJB Parish 7:00 p.m. to 9:00 p.m.
- Anunciation of the Lord
 Sick Visitation 9:00 a.m.
 Kumpisalang Bayan, St. Andrew Parish
 4:30 pm to 6:30 pm and 7:30 pm to 9:30 pm
 Holy Hour after the 6:00 p.m. Mass
 PPA meeting 8:00 p.m.
- 26 Kumpisalang Bayan National Shrine of the Sacred Heart of Jesus 6:00 p.m. Lenten Recollection by Fr. Dennis Paez, SDB 7:00 p.m., Church
- 27 Street Mass 7:30 pm Zone 2 (Blessing of Palms)
 Recollection of all Ministry coordinators
 10:00 a.m. to 3:00 p.m. Chapel of the Eucharistic Lord
 Megamall, Mandaluyong City
- 28 Palm Sunday of the Lord's Passion Medical and Dental Mission, 2:00 p.m.
- 29 Holy Monday/Way of the Cross-Dulo
- 30 Holy Tuesday/ Kumpisalang Bayan Nuestra Senora de Gracia Parish, 6:00 p.m.
- 31 Holy Wednesday



At the Saint John Bosco Parish, every last Sunday of the month is PONDO NG PINOY SUNDAY. Kindly bring your Pondo ng Pinoy bottles and offer them during the Mass. Thank you.



St. John Bosco Parish

HOLY WEEK 2010

March 28
PALM SUNDAY OF
THE LORD'S PASSION

Blessing of Palms during all the Masses

March 29 HOLY MONDAY Regular Daily Mass Schedule

6:00 p.m., Way of the Cross (Dulo)

March 30 to March 31 HOLY TUESDAY to HOLY WEDNESDAY Regular Daily Mass Schedule

April 1 HOLYTHURSDAY

7:00 a.m. Chrism Mass at the Manila Cathedral

7:30 a.m. Morning Praise (SJB Church)
10:00 a.m. Reflection Talk

6:00 p.m. Mass of the Last Supper; Washing of the Feet of the Disciples

April 2 GOOD FRIDAY OF THE LORD'S PASSION

7:30 a.m. Morning Praise and Reflection Talk 9:00 a.m. Way of the Cross (San Lorenzo Village) 12:00 p.m. Seven Last Words 3:00 p.m. Celebration of the Lord's Passion April 3 HOLY SATURDAY

7:30 a.m. Morning Praise and Reflection Talk 10:00 p.m. Easter Vigil Mass

April 4 EASTER SUNDAY*

Regular Sunday Mass Schedule except that there will be no 6:00 a.m. Mass

* Easter Sunday is the greatest feast of the Catholic Church because we are celebrating the triumph of the Lord Jesus over sin and death.

Come and celebrate with us the victory of the Lord Jesus!

The St. John Bosco Parish has a new website:

www.sjbmakati.com

The official launching of the website will be on April 4, 2010, EASTER SUNDAY, the greatest of all feasts.

In the meantime, please check out our other sites:

www.sjbmakati. multiply.com

www.twitter.com/ sjbmakati

www.facebook.com/ sjb.makati (Giovanni Antonio)

www.youtube.com/ sjbmakati

You can also email us at sjb.makati@yahoo.com for more information.

Thank you very much and may God bless you all!

Catholic Lenten Traditions

WAY OF THE CROSS

The Way of the Cross is known by different names: Stations of the Cross, Via Dolorosa, or Via Crucis. These names signify the series of pictures (or tableaux) representing certain scenes in the passion of the Lord Jesus. Prayers are said at each station of the cross. The objective is to recall the chief scenes in the sufferings and death of the Lord Jesus. The traditional 14 Stations of the Cross are: Christ was condemned to death; the cross is laid upon him; His first fall; He meets His Blessed Mother; Simon of Cyrene is made to bear the cross; Christ's face is wiped by Veronica; His second fall; He meets the women of Jerusalem; His third fall; He is stripped of His garments; His crucifixion; His death on the cross; His body is taken down from the cross; and Christ is laid in the tomb.

VISITA IGLESIA

Visita Iglesia (literally meaning church visit) was introduced by the Spanish colonizers. The practice goes back to the early Christian times. Traditionally, the people who make a Visita Iglesia visit the Blessed Sacraments of seven different churches during Holy Thursday. Two stations of the Way of the Cross are prayed in each church.

SENAKULO

The Senakulo (from the Spanish word Cenaculo) is a Lenten play depicting events in the Old and New Testaments of the Holy Bible. These events depicted are related to the life, sufferings, and death of the Lord Jesus Christ. This play is usually presented during the Holy Week and may run from one to two hours. It can be presented in different types of venues: a traditional stage, a large room, a chapel, or in the streets.

SEVEN LAST WORDS

The Seven Last Words of the Lord Jesus are the loud cries of a dying man. These words are recalled every Good Friday just before the Celebration of the Lord's Passion. The traditional Seven Last Words are: "Father, forgive them, for they know not what they do." (Luke 23:34) "My God, my God, why have you forsaken me?" (Matthew 27:46); He said to his mother, "Woman, behold your son!" Then he said to the disciple, "Behold your mother!" (John 19:26-27); "I thirst!" (John 19:28); "Truly, I say to you, today you will be with me in Paradise." (Luke 23:43); "It is finished!" (John 19:30); "Father, into thy hands I commit my spirit." (Luke 23:46)